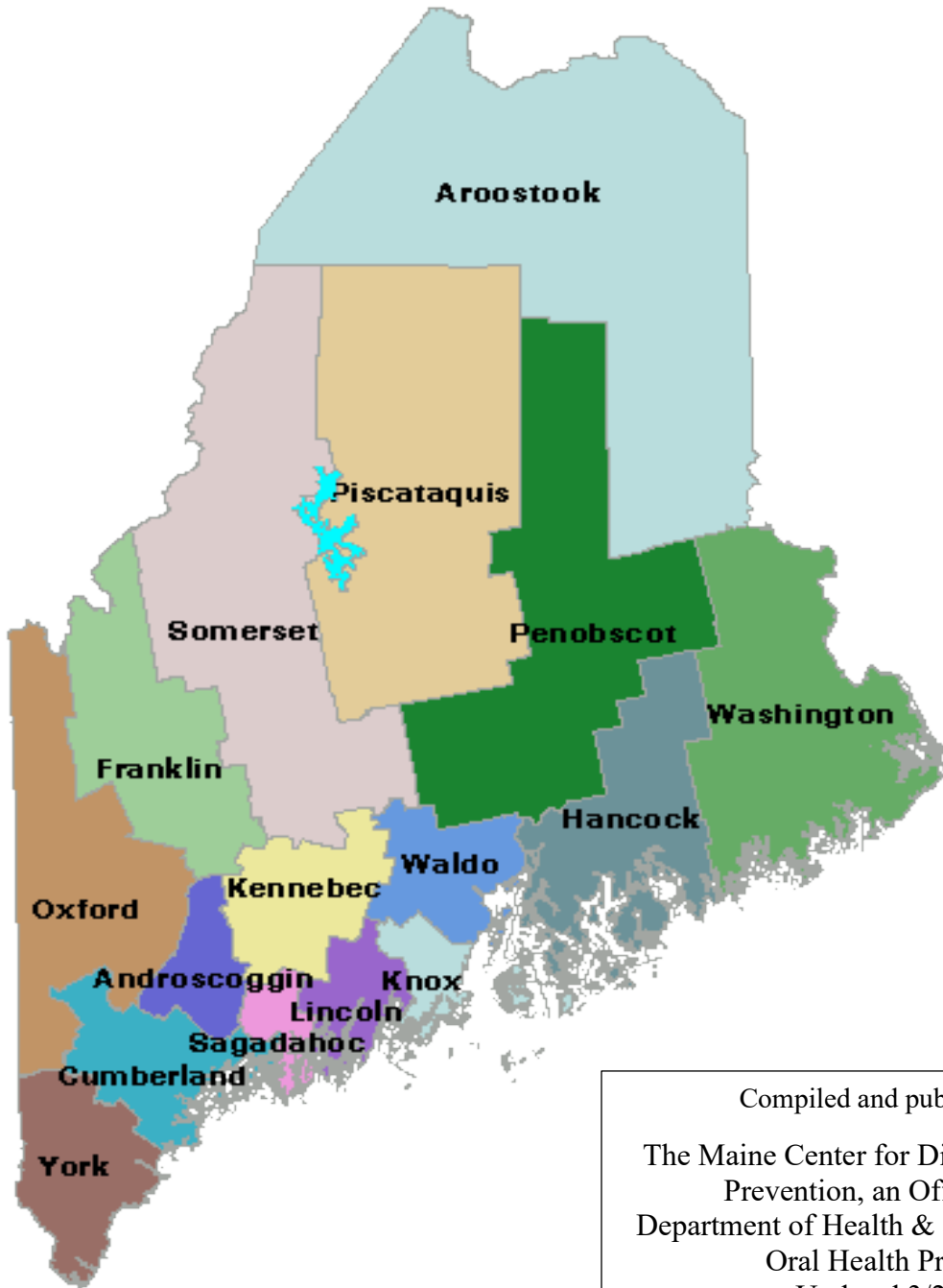


Dental Clinics & Services for Maine Residents



Compiled and published by
The Maine Center for Disease Control &
Prevention, an Office of the
Department of Health & Human Services,
Oral Health Program
Updated 3/2023



Dental Clinics & Services For Maine Residents

**Compiled and published by the
Maine Center for Disease Control & Prevention**

Oral Health Program

**11 State House Station Augusta, ME
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CLINICS & DENTAL SERVICES FOR MAINE RESIDENTS

Introduction

Oral health is a vital component of overall health throughout the life cycle. Dental disease affects people of all ages; yet to a great extent, it is highly preventable. Early diagnosis of oral health problems through regular dental visits and the use of preventive measures such as fluoride and dental sealants, along with practicing good oral hygiene, good nutrition, and the prevention of oral injuries, are important for people of all age groups. Adopting, practicing, and maintaining healthy behaviors will help everyone to “Keep Your Teeth for a Lifetime.” Unfortunately, and for a variety of reasons, not everyone is able to obtain dental care on a regular basis. However, preventive measures and some services are available to all individuals.

MaineCare: administered through the Department of Health & Human Services, provides dental benefits to individuals whose incomes meet federal poverty guidelines. Eligibility is based on family income. For members age 21 and over, MaineCare now covers comprehensive dental coverage which includes but is not limited to: diagnostic services, preventative services, and restorative services. See page 37 for more information on MaineCare programs.

About This Directory

This directory is a resource for consumers and for health and social services providers likely to be assisting clients, who do not have a regular dentist, in obtaining the dental care they need. These may include people with low incomes, those who do not have insurance coverage or who are eligible for MaineCare, and individuals with special needs. There are a number of clinics and other agencies throughout the state of Maine that either directly provide dental care services or can assist these individuals in obtaining access to care. This directory describes those clinics and agencies, the services they provide, eligibility guidelines, and where to get more information. State-funded assistance programs, tribal health programs, rural community health centers, and other potential sources of care are included. This document is updated about every year, and the information included may not remain accurate, but we hope it can provide a start in finding appropriate resources.

The information in this directory was updated during the winter of 2023 and, to the best of our knowledge, is accurate as of the date of publication. PLEASE NOTE that inclusion in this directory does not guarantee that services will be provided.

We would appreciate learning about other programs and services that provide or assist Maine people in obtaining dental care. If you have suggestions for additions to this directory, please forward them to the Oral Health Program (see inside cover). New information will be added to this directory as it becomes available. In addition, from time to time, updates to this directory may be available electronically. Please check the Maine CDC Website <https://www.maine.gov/dhhs/mecdc/population-health/odh/resources.shtml> for the most up-to-date version of this publication.

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Using This Directory

The Directory is divided into three major sections: (I) Clinics and Health Centers (sources of direct clinical services), listed by County; (II) State-Funded Assistance Programs (available to eligible persons statewide); and (III) Other Resources (programs and agencies that may be helpful in obtaining care or that have several locations throughout Maine, as well as other suggestions). This section also includes a list of preventive dental hygiene providers.

Check the resources for your geographic area first. Then review Sections II and III for additional ideas. We have tried to indicate any restrictions such as residence, age or income as clearly as possible, sometimes with the use of bold type and headings. In Section III under "State-wide Resources," we have listed those clinics and health centers that did not impose residence requirements at the time of publication.

Call the clinics, health centers, and other health or social service agencies in your area even if it appears from the description that they cannot provide dental care or help obtain services. Staff may know of new resources and be able to help you, even if they deal primarily with a different population group or area of service.

State-wide Resources

By state-wide resources, we mean those that may not impose geographic or residence restrictions as a condition for receiving services. To our knowledge, the clinics, health centers and agencies listed below may see any Maine resident, regardless of where he or she lives. However, they may not offer out-of-area patients a sliding fee scale, or may otherwise limit services; for example, they may accept MaineCare, but otherwise have restrictions, or see only children. Be sure to ask about any restrictions with a potential service provider at the time an appointment is being made.

SECTION I. CLINICS AND HEALTH CENTERS

Listed by County

(All telephone numbers are Area Code 207 unless noted otherwise.)

Androscoggin County

Resources

CCS Dental Services – Auburn	755-3456
Community Dental – Lewiston	777-7442
DFD Russell Medical Centers – Leeds	524-3501
DFD Russell Medical Center – Turner	225-2676

Program Descriptions

CCS Dental Services

60 Second Street

Auburn, ME 04210

Tel: 755-3456 Fax: 755-3457

Contact Person: Joshua Moreau

Email: jmoreau@covh.org

Website: www.communityclinicalservices.com/dental

CCS Dental Services provides dental hygiene services Monday - Friday including cleanings, fluoride treatments, dental sealants, and x-rays. There is a General Dentist on staff Monday - Thursday for exams and restorative treatment. This program is part of the Community Clinical Services Federally Qualified Health Center that is affiliated with Sisters of Charity Health System and St. Mary's Regional Medical Center.

The program serves children up to the age of 18 years old who are self-pay, covered by MaineCare or are uninsured and may qualify for our FQHC sliding-fee scale discount. This facility is currently accepting new patients, but the wait time is currently 4-5 months. They will see established patients that have been seen in the last 3 years for emergency appointments as needed.

Hours: Monday – Thursday 7:00 AM to 6:00 PM
Friday 7:00 AM to 5:00 PM

Community Dental – Lewiston

177 Main Street
Lewiston 04240
Tel: 777-7442 Fax: 777-7706
Contact: Front Desk
Email: lewiston@communitydentalme.org
Website: www.communitydentalme.org

For 100 years, Community Dental has stood as a cornerstone of needed, accessible, comprehensive, quality oral health care in Maine. We provide a wide range of general oral health services for patients of all ages and accept most private insurances and MaineCare. In addition to general dentists, our Lewiston office is also staffed with a Pediatric dentist. Care delivery with nitrous oxide is an option in this office. Qualifying patients may access our income-based sliding-fee. Currently accepting new patients under 12 years of age, call to schedule an appointment with us today! The office sees emergency patients Monday – Thursday starting at 7:00 AM on a First-Come First-Served basis.

Hours: Monday through Friday 7:30 AM to 5:30 PM

DFD Russell Medical Center – Leeds

180 Church Hill Rd.
Leeds, ME
Tel: 524-3501 Fax: 524-2093
Website: <https://dfdrussell.org/healthcare-services/oral-health-care/>

There are three DFD Russell Medical Centers in the Central Maine area. They each provide dental health services on specific days. See their website for more information on when the next clinic will be at the health center closest to you. They accept most private insurances and accept Mainecare for pediatric patients only.

DFD Russell Medical Center – Turner

7 Main St.
Turner, ME
Tel: 225-2676 Fax: 225-2692
Website: <https://dfdrussell.org/healthcare-services/oral-health-care/>

There are three DFD Russell Medical Centers in the Central Maine area. They each provide dental health services on specific days. See their website for more information on when the next clinic will be at the health center closest to you. They accept most private insurances and accept Mainecare for pediatric patients only.

Aroostook County

Resources

Pines Dental Clinic	498-1314
Katahdin Valley Health Center – Houlton and Ashland	723-6565
Fish River Rural Health – Eagle Lake, Fort Kent, and Madawaska	444-5973
St. Apollonia Dental Clinic	554-5045

Program Descriptions

Pines Health Center – Dental

163 Van Buren Rd. St. 4

Caribou, ME 04736

Tel: 498-1314 Fax: 493-5760

Website: pineshealth.org

Hours: Monday through Thursday 7:30 AM – 4:00 PM

The Pines Health Dental Center is a part of the larger Pines Health Centers and Cary Medical Center. The dental center provides a sliding-fee schedule for eligible patients, they accept all insurances including MaineCare and also provide care to patients on an emergency basis. They currently don't have a waitlist so reach out to them to schedule an appointment today.

Katahdin Valley Health Center

Houlton

59 Bangor Street

Houlton, Maine 04730

Tel: 1-866-366-5842 Opt. 4

Hours: Monday – Thursday 7:30 AM to 5:30 PM

Ashland

33 Walker Street

Ashland, Maine 04732

Tel: 1-866-366-5842 Opt. 7

Hours: Monday through Thursday 7:30 AM to 5:30 PM

Katahdin Valley Health Center's (KVHC) Dental Clinics provide a full range of diagnostic and preventive dental care services including restorative, oral surgery, endodontic, periodontal and emergency palliative treatment for children and adults. MaineCare and other dental insurances are accepted, and a sliding fee discount scale and payment plans are available based on federal poverty guidelines and household income. KVHC is a Federally Qualified Health Center who provides high quality care to all community members including low- income, uninsured and the under-insured.

Fish River Rural Health – Eagle Lake Dental

10 Carter Street
Eagle Lake, ME 04739
Tel: 444-3012 Fax: 834-2412
Contact Person: Norma Landry
Email: nlandry@frrh.org
Website: www.FRRH.org
Hours: Monday, Tuesday, Thursday, Friday 7:00 AM – 5:30 PM

Fish River Rural Health – Fort Kent Dental

12 Bolduc Avenue
Fort Kent, ME 04743
Tel: 834-3012 Fax: 834-2412
Contact Person: Norma Landry
Email: nlandry@frrh.org
Website: www.FRRH.org
Hours: Monday, Tuesday, Thursday, Friday 7:00 AM – 5:30 PM

Fish River Rural Health – Madawaska Dental

309 St. Thomas Street
Madawaska, ME 04756
Tel: 728-3119 Fax: 728-3735
Contact Person: Norma Landry
Email: nlandry@frrh.org
Website: www.FRRH.org
Hours: Monday, Tuesday, Thursday, Friday 7:00 AM – 5:30 PM

The Health Center provides restorative, prevention, and rehabilitative care for children and adults. MaineCare and private insurance are accepted, and a sliding fee scale is available for patients whose family income meets the Center’s income guidelines (based on federal poverty level). They are accepting new patients onto their waitlist, and they also serve patients on an emergency basis. Call them today to get on the waitlist.

St. Apollonia Dental Clinic

122 Academy St.

Presque Isle, ME 04769

Tel: 554-5045 Fax: 554-5045

Contact Person: Norma Desjardins, DMD or Julie Tucci (Practice Manager)

Email: 122sadc@gmail.com

Website: www.stapolloniadentalclinic.com

St. Apollonia Dental Clinic (SADC) provides comprehensive services such as dental fillings, pulp therapy, oral surgery, space maintainers, and offers inhalation sedation. They offer a sliding fee scale based on federal poverty guidelines and household income. They accept all dental insurances including Mainecare. They will see their established patients on an emergency basis. They are currently only putting pediatric patients (up to age 21) on their waitlist and appointments are made as they become available. Call now to get your child on the wait list.

Hours: Monday through Thursday 7:15 AM to 4:30 PM

Cumberland County

Resources

Bridgton Dental Hygiene Care, PA	647-4125
Community Dental – Portland	874-1028
University of New England – Portland	221-4900
Greater Portland Health- Adult and Children’s Clinics	874-2141

Program Descriptions

Bridgton Dental Hygiene Care, PA

171-B Portland Rd.

Bridgton , ME 04009

Tel: 647-4125 Fax: 647-4126 (call first)

Contact Person: Cathy Kasprak

Email: bdhc@myfairpoint.net

Website: www.bridgtondentalhygiene.com

Hours: Monday through Thursday 9 AM to 5 PM

Friday 9 AM to 2 PM

Bridgton Dental Hygiene Care starts seeing children with their first tooth or by age 1 and provide all dental hygiene services for infants, children, teens and adults. Including those with orthodontics and periodontal hygiene services. They accept all dental insurances including Mainecare and NEDD. They will also see emergency patients as needed. Currently, the office is booking out 1-2 months so call now to schedule.

Community Dental – Portland

190 Park Avenue

Portland, ME 04102

Tel: 874-1028 Fax: 842-2963

Contact Person: Melissa Watson

Email: portland@communitydental.org

Website: www.communitydentalme.org

For 100 years, Community Dental has stood as a cornerstone of needed, accessible, comprehensive, quality of oral health care in Maine. We provide a wide range of general oral health services for patients of all ages and accept most private insurances and MaineCare. In addition to general dentists, our Portland office is staffed with a Pediatric dentist and an Orthodontist and most recently an oral surgeon has been added to the faculty. The delivery of care with nitrous oxide or IV sedation is an option in this office. Qualifying patients may access our income-based sliding fee scale. Currently accepting new patients, please call or go online to schedule an appointment with us today! Emergency services are provided on a walk-in basis during business hours.

Hours: Monday – Thursday 7 AM to 4:30 PM and Friday 8 AM to 4:30 PM

University of New England Dental Hygiene

Colemen Dental Hygiene Building

716 Stevens Avenue

Portland, ME 04103

Tel: 221-4900 Fax: 221-4889

Contact Person: Linda Dyer (221-4278)

Email: ldyer2@une.edu

Website: www.UNE.Edu/WCHP/Dental/Patient-Info

The clinic is open only from September to April. The University of New England Dental Hygiene clinic offers dental hygiene services that include oral examination, personalized oral hygiene instruction, blood pressure screening, x-ray survey (x-rays), teeth cleaning, fluoride treatments, and sealant placement. Services NOT provided include fillings and restorations, extractions, crowns, root canals, orthodontics, dentures, bridges, bleach trays, nightguards, or emergency services. There is a strict no-show policy. If you do not show up for your initial apt and do not communicate that missed appointment you will automatically be dismissed from the clinic. This is a teaching clinic, so your appointment length is much longer than your general practice length. An appointment at UNE dental hygiene can take up to 4 hours. Students cannot be rushed. Treatment plans will be discussed with you. Parking is in the rear of the building along the fence line.

New appointments at UNE will require an initial screening appointment. During that appointment you will be asked your medical/dental history and medication list. Please bring that info with you. If you have any artificial joints or known heart issues and need premed, please take prior to your appointment. If you have x-rays from another practice, please have them sent to our office prior to your 1st visit. The email is dentalhygieneclinic@une.edu, if you don't have x-rays to send, we can do them at your first apt

These services are available to the general public and there are no income restrictions. Patients do not see a dentist but work with a student hygienist. The clinic is a participating provider in MaineCare only for patients with other insurances, the Dental Hygiene staff will assist you with claim submission by providing a coded and itemized list of treatments rendered. Low fees are charged to cover the cost of materials only. Payments are accepted by cash, check, MasterCard, or Visa.

Children 12 and younger: fees average \$16.00 Children 13 and over and adults: fees average \$36.00 Senior Citizens 62 and older: fees average \$25.00

Hours: Monday and Friday 8:00 AM to 5:00 PM

Tuesday and Thursday 8:00 AM to 9:00 PM

University of New England Oral Health Center

750 Stevens Ave.

Portland, ME 04103

Tel: 221-4747

Email: oralhealthcenter@une.edu

Website: <https://www.une.edu/ohc/urgent-care>

The Oral Health Center on UNE's campus offers comprehensive oral health care for patients of all ages. Services offered include but are not limited to cleanings, check-ups, fillings, root canals, extractions, dentures, and bridges. For a full list of services offered please visit their website.

In addition to the services listed above, the Oral Health Center offers Urgent Care services. Appointments in the urgent care clinic are walk-in appointments on a first-come first-served basis and are available on Monday – Thursdays. Arrive at 8:00 AM for the morning clinic or 1:00 PM for the afternoon clinic for registration.

Greater Portland Health

Adult Clinic

63 Preble St.

Portland, ME 04101

Tel: 874-2141 Fax: 358-1145

Website: <http://www.greaterportlandhealth.org>

Hours: Monday and Thursday 8 AM – 4 PM

Friday 8 AM - 12 PM

Children's Clinic

284 Cumberland Ave.

Portland, ME 04101

Tel: 874-2141 Fax: 358-1145

Website: <http://www.greaterportlandhealth.org>

Hours: Monday 8 AM – 6:15 PM

Tuesday and Wednesday 8 AM – 6:00 PM

Thursday 8 AM – 5 PM

These clinics are accepting new patients with no waitlist. They offer a sliding fee scale for patients who meet their income requirements. They accept all insurances including MaineCare and will also provide emergency services as needed.

Franklin County

Resources

Community Dental – Farmington
Strong Dental Center

779-2659
684-3045

Program Descriptions

Community Dental – Farmington

131 Franklin Commons, Suite 1
Farmington, ME 04938
Tel: 779-2659 Fax: 779-2697
Contact Person: Melissa Watson
Email: Farmington@CommunityDentalme.org
Website: www.communitydentalme.org

For 100 years, Community Dental has stood as a cornerstone of needed, accessible, comprehensive, quality oral health care in Maine. We provide a wide range of general oral health services for patients of all ages and accept most private insurances and MaineCare. Qualifying patients may access our income-based sliding-fee scale. Community Dental's Farmington center is located on the second floor of the Mount Blue Health Center. Call or go online today to schedule your appointment. You may be seen on a walk-in emergency basis as the schedule allows but there is no guarantee that you will be seen.

Hours: Tuesday – Friday 6:45 AM to 4:30 PM

Strong Dental Center

Strong Area Health Center
177 North Main Street
Strong, ME 04983
Tel: 684-3045 Fax: 684-3049
Website: www.strongchc.org

The Strong Dental Center is located in the Strong Area Health Center in Franklin County, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves adults and children and accepts both commercial insurance and MaineCare. In addition, an affordable care program is offered for uninsured residents who meet income guidelines. A comprehensive range of preventive and restorative services is provided. There may be a wait list for care so call now to get on the list. When there is coverage available, the Dental Center offers emergency services. If you are experiencing a dental emergency, call to see if there is available coverage.

Hours: Monday – Wednesday 7:30 AM to 4:30 PM
Thursday 7:30 AM – 4:00 PM

Hancock County

Resources

Bucksport Regional Dental Center	902-1100 or 1-800-993-5990
Community Dental Center – Southwest Harbor	244-2888
Caring Hands of Maine Dental Center – Ellsworth	667-6789
Sweet Smiles Dental Hygiene	479-4110

Program Descriptions

Bucksport Regional Dental Center

110 Broadway
Bucksport, ME 04416
Tel: 901-1100 Fax: 902-1104
Contact Person: Elaine
Email: DentalTeam@BRHC.INFO
Website: bucksportrhc.com/dental-services/

Bucksport Regional Health Center offers primary care dental services at the Bucksport Regional Dental Center. The Dental Center accepts patients of all ages on an appointment basis (no walk-ins). MaineCare insurance is welcome, as are other forms of dental insurance. Fee discounts are available and based on federal income guidelines (applications require proof of income). Emergency services, diagnostic exams, extractions, fillings, cleanings, and preventive appointments are provided. The Dental Center is handicapped accessible. Bucksport Regional Dental Center employs General Dentists, Pediatric Dentists and Dental Hygienists.

Hours: Monday – Thursday 7:30 AM to 5:00 PM
Friday 8 AM to 5 PM.

Community Dental Center in Southwest Harbor

Community Dental Center
4 Community Lane
Southwest Harbor, ME 04679
Tel: 244-2888
Website: <https://www.mdihospital.org/health-centers/dental-center/>

Hours: Monday through Thursday 8 AM to 5 PM
Friday 8 AM to 12 PM

Community Dental Center in Southwest Harbor provides comprehensive dental services which include dental exams, cleanings, extractions, implants, removable prosthetics, restoration and fillings, whitening, sealants, crowns, bridges, root canals, pediatric services, fluoride, silver diamine fluoride, urgent dental care, same day emergency dental care, wisdom tooth removal and oral surgery. They utilize a sliding fee scale for qualified patients and accept all dental insurances including Mainecare.

Caring Hands of Maine Dental Center

72 Beechland Road

Ellsworth, ME 04605

Tel: 667-6789 Fax: 667-8875

Contact Person: Danielle

Email: office@caringhandsofmaine.org

Website: <https://www.caringhandsofmaine.org/>

The Caring Hands of Maine Dental Center is a non-profit community facility that focuses on providing accessible and affordable dental care to families from anywhere in Maine. The Dental Center provides comprehensive dental services and strives to create a dental plan of ongoing care for every patient that fosters lifelong oral health. Emergency dental treatment is also provided. Appointments should be made for regular care; please call ahead to be seen for an emergency. The Center accepts private insurance and MaineCare. In addition, the Center sponsors numerous outreach projects per year, providing portable preventive and dental treatment services around Eastern Maine. At this time, they are accepting only children as new patients.

Hours: Monday – Thursday 9:00 AM – 4:00 PM

Friday 9:00 AM – 3:00 PM

Sweet Smiles Dental Hygiene

23 Carriage Rd. Ste. #1

Ellsworth, ME 04605

Tel: 479-4110 Fax: 412-0015

Website: sweetsmileshygiene.com

Hours: Monday through Thursday 9 AM – 4 PM

Friday 9 AM to 3 PM

Sweet Smiles Dental Hygiene Center offers a wide variety of services like child and adult cleanings, implant/denture care, periodontal maintenance, fluoride applications, dental sealants, custom fit mouthguards, full mouth debridement, deep scaling/root planing, and oral assessments. They accept most major dental insurances including MaineCare. They are accepting new patients but, there is a wait list currently for appointments so call today to get on the list

Kennebec County

Resources

Capital Community Clinic, Riverview Psychiatric Center, Augusta	624-3966 or 1-800-834-3339
The Community Dental Center – Waterville	872-8891
Kennebec Valley Family Dentistry – Augusta	623-3400
DFD Russell Medical Centers – Monmouth	933-9646

Program Descriptions

Capital Community Clinic, Riverview Psychiatric Center (Please note restrictions)

Capital Community Clinic

250 Arsenal St.

Augusta, ME 04330

Tel: 624-3966 or 1-800-834-3339

Hours: Monday – Friday (excluding holidays) 8:00 AM to 4:30 PM

Capital Community Clinic provides dentistry and hygiene services to those receiving psychiatric care through the Department of Health and Human Services (DHHS) or an agency funded by DHHS. The clinic is located within Riverview Psychiatric Center.

The Community Dental Center - Waterville

2 Evergreen Drive

Oakland, Maine 04963

Tel: 861-5801 Fax: 861-5801

Contact Person: Jessica Pelotte

Email: CommunityDentalCenter@yahoo.com

Website: www.CommunityDental.org

Hours: Monday – Thursday 7:30 AM to 5:00 PM

The Community Dental Center offers general preventive and restorative services to children and adults. This includes cleaning, digital x-rays, fluoride treatment, fillings, extractions, and crowns (no root canals). We can also provide sport and night guards. The Center accepts MaineCare payments and offers a sliding fee schedule for people who are uninsured. Private dental insurance and full-pay patients are also acceptable. The Center is a non-profit organization and receives support from local, state, and private sources.

Kennebec Valley Family Dentistry

6 East Chestnut Street
Ballard Center, Suite 420
Augusta, Maine 04330
Tel: 623-3400 Fax: 623-3440
Contact Person: Bonnie Vaughan
Email: Office@KVDental.org
Website: <https://www.facebook.com/augustakvfd/>

Hours: Monday – Friday 8:00 AM – 4:00 PM

Kennebec Valley Family Dentistry is located within the Ballard Center Suite 420. They accept most commercial dental insurances including NEDD and MaineCare. They also have a discount program for patients who are qualified. They are accepting new patients up to age 20 but there is currently a wait list so give them a call today to get on the waitlist. The clinic is planning on expanding by adding 5 new chairs which should be completed by the Fall of 2023. Once this is completed, they are hoping to be able to take new adult patients. Keep checking their Facebook for updates.

DFD Russell Medical Center – Monmouth

11 Academy Rd.
Monmouth, ME
Tel: 933-9646 Fax: 933-9645
Website: <https://dfdrussell.org/healthcare-services/oral-health-care/>

Hours: Wednesday 10:00 AM – 6:00 PM
Thursday 8:30 AM – 3:30 PM

There are three DFD Russell Medical Centers in the Central Maine area. They each provide dental health services on specific days. See their website for more information on when the next clinic will be at the health center closest to you. They accept most private insurances and accept Mainecare for pediatric patients only.

Knox County

Resources

Knox Clinic Dental Program	863-2533
Islands Community Medical Services, Inc.	593-1699

Program Descriptions

Knox Clinic Dental Program

1010 Commercial St.
Rockport, ME 04856
Phone: 593-1699 Fax: 466-9114
Contact Person: Lisa Mele
Email: dental@knoxclinic.org
Website: www.knoxclinic.org

Hours: Tuesday – Thursday 8 AM to 3 PM

The Knox Clinic Dental Program provides exams, cleanings, sealants, simple fillings, extractions, and partials to children and adults who are 55 years of age or under whose family earnings are at or below 200% of the federal poverty guidelines. Only residents of Knox County and those towns immediately next to Knox County, like Waldoboro and Lincolnville, are eligible for the dental program. Priority is given to those who need dental care for pain and infection control and to children who have been unable to receive dental care. There is a waiting list. The Clinic offers dentures to those who qualify for them. Patients will be responsible for a payment of \$100.00 per arch prior to starting work on denture preparation.

Applications may be obtained by calling the office at 593-1699, or on our website at www.knoxclinic.org. Residents whose income is up to 100% of the federal poverty guidelines pay \$10.00 for each visit, while those with income between 101% and 200% pay \$20.00 per visit. MaineCare insured children pay \$5.00 per visit. Patients must cancel their appointment at least 24 hours in advance or you will still be charged. Patients who fail to cancel with proper notice are no longer eligible for services.

These services are available because of the incredible support from community members and organizations, including the generous donation of time and expertise from local dental offices. Please call the Knox County Health Clinic Dental Program at 593-1699 for more information.

Islands Community Medical Services, Inc.

15 Medical Center Loop

Vinalhaven, ME 04863

Tel: 863-2533 Fax: 863-9358

Website: www.icmsvh.org

This clinic, located on the island of Vinalhaven, provides comprehensive dental services. They provide a sliding fee scale to eligible patients. They accept most insurances including MaineCare. They are accepting new patients but there is currently a waitlist of about 1 month so call today to get on the list.

Lincoln County

Resources

Lincoln County Dental

386-6600

Program Descriptions

Lincoln County Dental

93 Churchill St.

Wiscasset, ME 04578

Tel: 386-6600 Fax: 850-2260

Contact Person: Sherri Jewett

Email: frontoffice@lcdental.org

Website: www.lcdental.org

Hours: Monday – Friday 8:00 AM – 4:00 PM

Lincoln County Dental provides pediatric and adult cleanings, x-rays, exams, fluoride application, fillings, root canals, crowns, bridges, partials, extractions, and night guards. They utilize a sliding fee scale for eligible patients. They work with some dental insurances and Mainecare. If your dental insurance is out of network, they will submit to your dental insurance company. Services are currently only for Lincoln County residents. They are currently accepting new patients and will provide emergency care as needed.

Oxford County

Resources

Sacopee Valley Health Center

625-2267

Program Descriptions

Sacopee Valley Health Center

70 Main St.

Porter, ME

Tel: 625-2267 Fax: 625-7820

Website: www.svhc.org

Hours: Monday – Wednesday 8:00 AM – 6:00 PM

Thursday 9:00 AM – 6:00 PM

Sacopee Valley Health Center is a Federally Qualified Health Center that services the Sacopee Valley Region of Maine. They provide a sliding fee scale for eligible patients. They accept most dental insurances including MaineCare and established patients can receive emergency services. There is currently a six month waitlist to receive an appointment so call now to get onto the list and you will be contacted for an appointment when one becomes available.

Penobscot County

Resources

Dental Health Programs, UMA – Bangor	262-7872
Dorothea Dix Psychiatric Center (DDPC) Dental Clinic – Bangor	941-4120
Health Access Network Family Dental Care – Lincoln	794-6700
Hometown Health Center – Dental	924-5200
Katahdin Valley Health Center, Millinocket, Patten	723-6565
Penobscot Community Health Care Dental Center – Bangor	992-2152 Option #4

Program Descriptions

Dental Health Programs

University of Maine at Augusta – Bangor Campus

College Center

201 Texas Avenue

Bangor, ME 04401

Tel: 262-7872 Fax: 262-7871

Contact Person: Bonny

Email: BangorHYGschool@maine.edu

Website: <https://www.uma.edu/academics/programs/dental-programs/patient-services/>

Hours: Variable – Reach out for more information

The clinic is open from September through April and is available to the general public.

Appointments may be made by calling 262-7872.

The Dental Health Clinic operates as part of the Dental Hygiene educational program at the University of Maine at Augusta on the Bangor campus. Student dental hygienists provide preventive services under the supervision of university faculty and both staff and volunteer dentists. Available services include oral screenings, scaling and polishing of teeth, oral hygiene instructions, dental x-rays, fluoride treatments, and sealants. There are no residence requirements or income restrictions. The Clinic does not participate in MaineCare or accept insurance but will provide a coded receipt that can be submitted to an insurer.

Fee: Adults (13 years & older) – \$50.00

Fee: Children (4-12 years) – \$25.00

Fee: Child Orientation (0-3 Years) – \$10.00

DDPC Dental Clinic (Please note restrictions)

656 State Street
P.O. Box 926
Bangor, ME 04402
Tel: 941-4120

Eligibility Criteria: Anyone who is currently an adult client receiving Developmental Services from the Department of Health & Human Services, or anyone who is currently receiving Developmental Services through an agency funded by the Department and is unable to access dental services in the community at large, is eligible for services at the clinic. Our goal is to provide primary preventative dental services to as many of our eligible patients as our limited resources permit.

Services Available: General dentistry and dental hygiene treatment services to patients based on eligibility criteria as outlined above. The Clinic also provides IV sedation dentistry for clients with severe/profound intellectual disabilities and for whom sedation dentistry in a community clinic setting is clinically appropriate. IV sedation dentistry is provided on a very limited number of days. The DDPC Dental Clinic is limited in the scope and quantity of dental services it can provide, even when clinically indicated, because of the limited funding and staffing resources available.

DDPC dental clinic is located within the Dorothea Dix Psychiatric Center.

Hours: Monday – Thursday 8:00 AM to 5:00 PM and some Fridays.

Health Access Network HAN Family Dental Care

9 Main Street, Suite B
Lincoln, ME 04457
Tel: 794-6700 Fax: 794-8792
Website: <https://hanfqhc.org/locations/lincoln-family-dental/>

Hours: Monday – Thursday 7:30 AM to 5:00 PM

Health Access Network (HAN) is a federally funded Community Health Center providing primary and specialty care, mental health and dental services in Lincoln, Medway, Millinocket, and West Enfield. HAN Family Dental services are, however, in Lincoln. The office is fully equipped to provide education, prevention, and restorative care to people of all ages. Dental services include hygiene, X- rays, sealants, scaling, fillings, extractions, and root canals. HAN also accepts MaineCare, private pay and commercial insurance. For eligible patients, financial assistance is available; services are available on a sliding fee scale based upon income levels and household size. Emergency exams and services are generally available for patients with pain, swelling, or infection.

Hometown Health Center

29 Church Street

Dexter, ME 04930

Tel: 207-924-5200 Fax: 924-7325

Website: <https://hometownhealthcenter.org/>

DDS Hours: Monday – Thursday 7:00 AM to 5:00 PM

Dental services offered 4 days a week for both adults and children. They accept private insurance, MaineCare and offer services on a sliding fee scale for those who are income eligible. They are accepting new patients. Emergency services can be provided during their walk-in hours:

Monday – Wednesday 9:00 AM – 11:00 AM and 1:00 PM – 2:00 PM

Thursday 9:00 AM – 11:00 AM

Katahdin Valley Health Center

Main office:

529 So. Patten Road

Patten, Maine 04765

Tel: 528-3700 Fax: 528-2880

Contact Person: Michelle LeFay

Email: michelle.lefay@kvhc.org

Website: www.KVHC.org

Patten

30 Houlton St.

Patten, ME 04765

Tel: 1-866-366-5842 Opt 5

Hours: Monday – Thursday 7:30 AM to 5:30 PM

Millinocket

50 Summer Street

Millinocket, Maine 04462

Tel: 1-866-366-5842 Opt. 6

Hours: Monday – Thursday 7:30 AM to 5:30 PM

Katahdin Valley Health Center’s (KVHC) Dental Clinics provide a full range of diagnostic and preventive dental care services including restorative, oral surgery, endodontic, periodontal, and emergency palliative treatment for children and adults. MaineCare and other dental insurances are accepted, and a sliding fee discount scale is available based on federal poverty guidelines and household income and payment plans may also be available for patients. KVHC is a Federally Qualified Health Center who provides high quality care to all community members including low- income, uninsured and the under-insured.

PCHC Dental Center

1048 Union Street

Bangor, ME 04401

Tel: 207-992-2152 (Option #4)

Website: PCHC.com/locations/dental-center

Hours: Monday – Thursday 7:30 AM to 5:00 PM

The PCHC Dental Center is administered by Penobscot Community Health Care (PCHC) and serves primarily children and adults from Penobscot and Piscataquis Counties on a sliding fee basis. MaineCare eligible persons are welcome. A range of preventive, extraction, and restorative services are available. The practice is funded through federal and foundation grants. Walk in for Emergency treatment hours may vary. Call the dental center to get more information on when Emergency Services are available.

Piscataquis County

Resources

Dental Hygiene Associates of Maine	564-0095
Katahdin Valley Health Center - Brownville	723-6565
J. Douglas Huntley, DMD	876-2012

Program Description

Dental Hygiene Associates of Maine

250 Summer St.

Dover-Foxcroft, ME 04426

Tel: 564-0095

Website: dentalhygieneassociatesofmaine.com

Dental Hygiene Associates of Maine offers preventative care out of their mobile dental trailer allowing them the ability to travel to need based locations, as well as on site dental care to businesses who offer their services to their employees. They are accepting new patients currently and accept most major insurances, but they do not accept MaineCare currently.

Hours: Monday and Wednesday 8:00 AM – 5:00 PM

Thursday 7:30 AM – 5:00 PM

Katahdin Valley Health Center

Brownville

180 Main Rd.

Brownville, ME 04414

Tel: 1-866-366-5842 Opt. 8

Website: <https://www.kvhc.org/about-kvhc/clinic-locations/brownville-clinic/>

Hours: Tuesday – Friday 7:30 AM – 5:30 PM

Katahdin Valley Health Center's (KVHC) Dental Clinics provide a full range of diagnostic and preventive dental care services including restorative, oral surgery, endodontic, periodontal, and emergency palliative treatment for children and adults. MaineCare and other dental insurances are accepted, and a sliding fee discount scale is available based on federal poverty guidelines and household income. Payment plans may also be available. KVHC is a Federally Qualified Health Center who provides high quality care to all community members including low- income, uninsured and the under-insured.

J. Douglas Huntley, DMD

3 School St.

Guilford, ME 04443

Tel: 876-2012

Dr. Huntley, located in Guilford and Skowhegan is accepting new patients with no wait list. They accept all insurances including MaineCare. The only insurance they do not accept is Medicare Premium Plans. They will accept emergency patients on an as needed basis.

Hours: Monday and Tuesday 8:00 AM – 4:00 PM

Wednesday – Friday hours vary

Sagadahoc County

Program Description

Jessie Albert Dental & Orthodontic Center

171 Congress Avenue

Bath, ME 04530

Tel: 443-9721 or 1-888-304-8020

Fax: 443-9722

Website: www.ccmaine.org/jessie-albert-dental

Hours: Monday – Thursday 7:30 AM to 4:00 PM

Friday 8:00 AM to 1:00 PM (Dental Only)

Jessie Albert Dental & Orthodontic Center offers comprehensive dental services and quality orthodontic care for the whole family. Services include routine cleanings and check-ups, fillings, root canals, crown, bridge work and extractions, as well as the latest orthodontic procedures. Most dental insurances are accepted, including MaineCare. Patients under the age of 21 who do not receive financial assistance are billed according to a sliding fee scale. The not-for-profit Center is a program of Catholic Charities Maine. They can only accept a certain number of new patients per month, but the Orthodontics department cannot accept new patients at this time. Emergency services may be available. Call ahead to make sure.

Somerset County

Program Description

Bingham Area Health Center

237 Main Street

P.O. Box 746

Bingham, ME 04920

Tel: 672-3519 Fax: 672-4829

Website: www.binghamchc.org

Hours: Tuesday – Friday 7:00 AM – 5:30 PM

The Bingham Area Dental Center in Somerset County is located in the Bingham Area Health Center, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves adults and children and accepts both commercial insurance and MaineCare. In addition, an affordable care program is offered for uninsured residents who meet income guidelines. A comprehensive range of preventive and restorative services is provided. They are currently accepting new patients of all ages.

J. Douglas Huntley, DMD

291 Water St.

Skowhegan, ME 04476

Tel: 876-2012

Dr. Huntley, located in Guilford and Skowhegan is accepting new patients with no wait list. They accept all insurances including MaineCare. The only insurance they do not accept is Medicare Premium Plans. They will accept emergency patients on an as needed basis. This Skowhegan office is a small satellite office with no hygienist. They only offer Child cleanings at this location. Adults would have to travel to Guilford for their cleanings.

Hours: Thursday 9:00 AM – 3:00 PM

Waldo County

Program Descriptions

Waldo County Dental Care

125 Northport Avenue, Suite 107

Belfast, ME 04915

Tel: 505-4910 Fax: 505-4912

Website: <https://mainehealth.org/waldo-county-general-hospital/services/dental-care>

Waldo County Dental Care provides dental services for those insured with Mainecare and based on the following income guidelines:

# of household members	Annual income
1	\$27,180
2	\$36,620
3	\$46,060
4	\$55,500
5	\$74,380

Their services include cleanings, x-rays, fluoride, sealants, limited dentures, fillings and extractions. They have a sliding co-pay starting at \$20 dollars depending on services rendered and income. There is an application located at the web address listed above.

**For each additional family member add: \$7,315.

Patients must be at least 18 years of age, live in Waldo County, have not seen a dentist in the past 12 months, and meet the federal income guidelines outlined above.

Washington County

Resources

Eastport Health Care, Inc.	853-6001
Harrington Family Health Center	483-4502
Regional Medical Center at Lubec	733-5541
St. Croix Regional Family Health Center	796-5503

Program Descriptions

Eastport Health Care, Inc.

30 Boynton Street
Eastport, Maine 04631
Tel: 853-6001 Fax: 853-6180
Website: eastporthealth.org

Eastport Health Care (EHC) provides a full range of preventive and restorative services including Invisalign. One emergency appointment is available daily at a first call basis beginning at 8:00 AM. EHC provides dental services to all patients regardless of their ability to pay. All insurances are welcome. A sliding fee is available for those whose family incomes meet EHC income guidelines. They are accepting new patients but there is a wait list so call the office today to get on it so that when an appointment is available you will be contacted.

Hours: Monday – Friday 7:00 AM to 5:30 PM

Harrington Family Health Center

50 East Main Street
Harrington, ME 04643
Tel: 483-4502 Fax: 483-2750
Website: www.hfhc.healthcare/services/

The Harrington Family Health Center's dental department provides a full range of preventive and restorative services, serving adults and children in Washington and eastern Hancock counties. Sliding fees are offered. MaineCare and private insurance are accepted. Their services include primary oral health services, preventive and education services, outreach, emergency and basic restorative services and periodontal services for the entire family. They are accepting new patients but there may be a waitlist. Call them today so that you can be placed on the wait list so that you will be contacted when an appointment is available. Reach out to the office if you are experiencing emergent dental symptoms like pain or infection.

Hours: Monday – Wednesday 8:00 AM to 4:30 PM
Thursday 8:00 AM to 7:00 PM

Regional Medical Center at Lubec

43 South Lubec Road

Lubec, ME 04652

Tel: 733-5541 Fax: 733-2847

Website: rmcl.org/services-and-programs/dental-services

The Regional Medical Center at Lubec (RMCL) dental office serves children and adults, providing family dental care with a full range of preventive and restorative service, including prosthetics and minor oral surgery. MaineCare and private insurance are accepted, and a sliding fee scale is available for those whose family incomes meet the Center's income guidelines. Sliding fee services are limited to patients within RMCL's service area. Under sliding fee, all preventive and emergency dental services are covered to the percentage of an individual's place on the sliding fee scale. All other services except for the following will be reduced to a minimum of 50% of the charge dentures, partial dentures, occlusal guards, bridgework, crowns, and denture repairs are not covered under the sliding fee program. Dental services are also available on an emergency basis. They are accepting new patients, so call them today to schedule your appointment.

Hours: Monday through Thursday 7:00 AM to 5:00 PM

St. Croix Regional Family Health Center

136 Mill St.

Princeton, ME

Tel: 796-5503 Fax: 796-5528

Website: <https://scrfhc.org/>

Hours: Monday, Wednesday and Thursday 8:30 AM – 5:00 PM

Tuesday 8:30 AM – 7:00 PM

Friday 8:30 AM – 12:00 PM

St. Croix Regional Family Health Center is a Federally Qualified Community Health Center. They offer a sliding fee scale for patients who meet the income guidelines. They accept all insurances including MaineCare. They are currently accepting new patients and new patient appointments can typically be scheduled quite quickly. They will see emergency patients as needed. The dental center is also a part of the Maine Veterans Dental Network and can cover some costs, based upon eligibility.

York County

Resources

Community Dental – Biddeford
Nasson Health Care – Springvale

282-1305
490-6900 or 800-965-5762

Program Descriptions

Community Dental – Biddeford

57 Barra Road, Suite 3

Biddeford, ME 04005

Tel: 282-1305 Fax: 282-7351

Contact Person: Melissa Watson

Email: biddeford@communitydentalme.org

Website: www.communitydentalme.org

Hours: Monday through Friday 8:00 AM to 4:30 PM

For 100 years, Community Dental has stood as a cornerstone of needed, accessible, comprehensive, quality oral health care in Maine. We provide a wide range of general oral health services for patients of all ages and accept most private insurances and MaineCare. Qualifying patients may access our income-based sliding-fee. The office is willing to see emergency walk-in appointments during normal business hours. Community Dental's Biddeford center is in the Robert G. Dodge Business Park on Rt.111, across from Southern Maine Medical Center. Currently accepting new patients, call or go online to schedule an appointment with us today!

Nasson Health Care (previously York County Community Health Care)

15 Oak Street

Springvale, ME 04083

Tel: 490-6900 or 800-965-5762 (in York County) Fax: 459-2822

Website: www.nassonhealthcare.org

Hours: Monday and Wednesday 8:00 AM - 6:00 PM

Tuesday 8:00 AM – 7:00 PM

Thursday 9:00 AM – 6:00 PM

Friday 8:00 AM to 5:00 PM

Nasson Health Care provides a full range of preventive, restorative, emergency, and minor oral surgical care to individuals of all ages. We accept all forms of insurance, and a sliding fee discount is provided to persons who meet the Health Center's income guidelines. They are accepting new patients but there may be a wait list so call today to schedule or get your name on the wait list if necessary. They are willing to see emergency patients so reach out to the office if you are experiencing pain/swelling symptoms.

SECTION II. STATE-FUNDED ASSISTANCE PROGRAMS

Medical and dental benefits available through Maine Department of Health & Human Services, Office of MaineCare Services.

A. General Information

MaineCare provides medically necessary benefits to eligible persons of all ages. Benefits are subject to policy regulations because they are funded with federal and state monies.

The following people may be eligible for medical benefits through MaineCare:

- Persons who receive Temporary Assistance to Needy Families (TANF)
- Persons who receive Supplemental Security Income (SSI)
- Families with dependent children
- Persons who are elderly, blind, or disabled
- Individuals under age 21
- Pregnant women
- Persons in need of nursing home care
- Persons who are in a foster home or boarding home

Applications for MaineCare are available at any DHHS office, by calling toll free 1-855-797-4357 or on-line at <http://www.maine.gov/dhhs/ofi/public-assistance/index.html>.

- After reviewing the application and circumstances, DHHS staff will determine eligibility.
- For the office nearest you, see the listing at the end of this section.
- Individuals having other health insurance such as Medicare or Anthem Blue Cross/Blue Shield may also be eligible for MaineCare.

Note: Dental Providers are not required to participate in MaineCare. They may choose to accept MaineCare members or not. MaineCare Member Services assists in finding dental providers for MaineCare members. The telephone number is 1-800-977-6740; Email is MaineCareMember@molinahealthcare.com.

See part B in this section for more information about benefits for individuals under age 21.

Please note that MaineCare pays enrolled dental providers directly for covered benefits.

Providers cannot charge members for the difference between their usual fee and the MaineCare payments for covered benefits. They can charge for non-covered services.

B. MaineCare Dental Services for Children and Young adults (under age 21)

- People who are covered by MaineCare are covered for preventive, routine, and some specialized dental services.
- Member services can help with getting transportation, setting up medical and dental appointments, finding a physician or a dentist, and answering questions about MaineCare benefits.
- For more information call Member Services toll-free at 1-800-977-6740

(TDD/TTY: Maine relay 711). Email is MaineCareMember@molinahealthcare.com.

**REGIONAL OFFICES
OF THE
DEPARTMENT OF HEALTH & HUMAN SERVICES**

(All are 11 State House Station and TTY: Maine relay 711)

35 Anthony Avenue
Augusta 04330-0011
Tel: 624-8000
Toll Free: 800-452-1926

396 Griffin Road
Bangor 04401
Tel: 561-4100
Toll Free: 800-432-7825

208 Graham Street
Biddeford 04005
Tel: 286-2400
Toll Free: 800-322-1919

392 South Street
Calais 04619
Tel: 904-3800
Toll Free: 800-622-1400

30 Skyway Drive – Unit 100
Caribou 04736
Tel: 493-4000
Toll Free: 800-432-7366

17 Eastward Lane
Ellsworth 04605
Tel: 664-1400
Toll Free: 800-432-7823

114 Corn Shop Lane
Farmington 04938
Tel: 778-8400
Toll Free: 800-442-6382

137 Market St
Fort Kent 04743
Tel: 834-1000
Toll Free: 800-432-7340

11 High Street
Houlton 04730
Tel: 532-5000
Toll Free: 800-432-7338

200 Main Street
Lewiston 04240
Tel: 795-4300
Toll Free: 800-482-7517

38 Prescott Drive
Machias 04654
Tel: 255-2000
Toll Free: 800-432-7846

161 Marginal Way
Portland 04101
Tel: 822-2000
Toll Free 800-482-7520

91 Camden Street - Suite 103
Rockland 04841
Tel: 596-4200
Toll Free: 800-432-7802

890 Main Street – Suite 208
Sanford 04073
Tel: 490-5400
Toll Free: 800-482-0790

98 North Avenue, Suite 10
Skowhegan 04976
Tel: 474-4800
Toll Free: 800-452-4602

243 Main Street - Suite 6
South Paris 04281-9901
Tel: 744-1200
Toll Free: 888-593-9775

SECTION III. - OTHER RESOURCES

American Indian/Alaska Native Tribal Programs

Resources

American Indian/Alaska Native Tribal Programs

Aroostook Band of Micmacs - Micmac Service Unit, Presque Isle
Houlton Band of Maliseet Indians, Houlton
Passamaquoddy Tribe of Indian Township, Princeton
Passamaquoddy Tribe of Pleasant Point, Perry
Penobscot Nation Health Department, Old Town

Area Agencies on Aging

Aroostook Area Agency on Aging, Presque Isle
Spectrum Generations - Central Maine's Area Agency on Aging, Augusta
Eastern Area Agency on Aging, Bangor
Southern Maine Agency on Aging, Scarborough
SeniorsPlus – Aging and Disability Resource Center, Lewiston

School Based Programs

Aroostook County Action Program
Saving Smiles of Maine
Tooth Fairies, Inc.
Washington County Children's Program

Other Resources:

Augusta Maine State Board of Dental Examiners, Augusta
Maine Dental Association, Manchester
Donated Dental Services Program (sponsored by the Maine Dental Association)
Rural and Community Health Centers (general)
State-wide Resources
Preventative Dental Hygiene Programs Other Suggestions

Program Descriptions

American Indian/Alaska Native Tribal Programs

The following tribal programs located in Maine currently offer direct and/or referral medical or dental services for registered members of federally recognized American Indian/Alaska Native tribes. These are tribally directed programs, and each may differ significantly in eligibility requirements and ability to provide services. Contact should be made with the individual program's Health Administrator to determine the specific services available.

Micmac Service Unit

8 Northern Road
Presque Isle, ME 04769
Tel: 764-7219
Toll Free 1-800-750-1972

The Micmac Family clinic will service the primary health care needs of eligible tribal members living in Aroostook County. Please call for current information regarding eligibility for services.

Houlton Band of Maliseet Indians

Tribal Health Program
88 Bell Road – Suite 2
Littleton, ME 04730
Physical Location: 3 Clover Circle, Houlton, ME 04730
Tel: 532-4229 or 1-888-594-8272
Contact Person: Michelle Barrows (532-2240 x 123)
Email: coder@maliseets.com
Website: http://www.maliseets.com/health%20_department.htm

Hours of Direct Health Services: Monday - Thursday: 7:30 AM to 4:30 PM; Friday: CLOSED

Dental services through contract providers: Must be a member of a federally recognized Indian Tribe.

Passamaquoddy Tribe of Indian Township

Indian Township Health Center
P.O. Box 97,
401 Peter Dana Point Road
Princeton, ME 04668
Tel: 796-2321 (clinic) Fax: 796-2422
Website: <https://passamaquoddyhealth.org/program/dental/>

Direct medical, dental care, and contract referral for qualified federally recognized Native Americans.

Hours: Monday – Friday 7:00 AM – 4:00 PM

Passamaquoddy Tribe of Pleasant Point

Pleasant Point Health Center

P.O. Box 351

Perry, ME 04667

Tel: 853-0644 (health center) Fax: 853-2347

Website: http://www.wabanaki.com/wabanaki_new/Health_Center.html

Hours: Tuesday – Friday 8:00 AM – 4:30 PM

The Passamaquoddy Tribe of Pleasant Point accepts any federally recognized Native American. Direct medical and dental care services can be received at Pleasant Point Health Center with correct identification. Services include dental exams, sealants, cleanings, x-rays, fillings, extractions, and consultations.

Penobscot Nation Health Department

23 Wabanaki Way Indian Island

Old Town, ME 04468

Tel: 817-7400

Direct medical and dental care for federally recognized Native Americans, plus contract referral care for eligible tribal members.

Hours: Monday – Friday 8:00 AM – 4:30 PM

Area Agencies on Aging

Area Agencies on Aging may be able to aid in locating sources of local dental care.

Aroostook Area Agency on Aging

(Aroostook County)

260 Main St.

Presque Isle, ME 04769

Tel: 764-3396 or 1-800-439-1789 TTY: 711

Email: info@aroostookaging.org

Website: aroostookaging.org

Office Hours: Monday-Friday 8:00 AM to 4:30 PM

Spectrum Generations - Central Maine's Area Agency on Aging

(Kennebec, Somerset, Knox, Lincoln, Waldo and Sagadahoc Counties, Brunswick and Harpswell)

One Weston Court #109,

P.O. Box 2589

Augusta, ME 04338-2589

Tel: 688-9212 or 1-800-639-1553 TTY: 1-800-464-8703

Email: spectrum@spectrumgenerations.org

Website: www.spectrumgenerations.org

Office Hours: Monday-Friday 8:00 AM to 4:30 PM

Eastern Area Agency on Aging

(Penobscot, Piscataquis, Washington, and Hancock Counties)

240 State St.

Brewer, ME 04412

Tel: 941-2865 or 1-800-432-7812 Fax: 941-2869

Email: info@eaaa.org

Website: www.eaaa.org

Office Hours: Monday-Friday 8:00 AM to 4:30 PM Appointments are required. Please call to schedule.

Southern Maine Agency on Aging

(Cumberland County, except Brunswick and Harpswell; York County)

136 US Route One

Scarborough ME 04074

Tel: 396-6500 or 1-800-427-7411 TTL dial 711

Fax: 883-8241

Contact person: Ask for a Resource Specialist

Email: info@smaaa.org

Website: www.smaaa.org

Appointment required for office visit. Please email them or give them a call to schedule.

SeniorsPlus – Aging and Disability Resource Center

(Androscoggin, Franklin, and Oxford Counties)

8 Falcon Road

Lewiston, ME 04240

Tel: 795-4010 or 1-800-427-1241

Fax: 795-4009

Email: info@seniorsplus.org

Website: www.seniorsplus.org

Office Hours: Monday-Friday 8:00 AM to 5:00 PM

School Based Oral Health Services

Aroostook County Action Program – Oral Health

44 Park St.

Presque Isle, ME 04769

Tel: 764-3721

Contact Person: Lucy Morin, IPDH

Email: lmorin@acap-me.org

Website: <https://acap-me.org/programs/preventionwellness/>

Hours: Monday through Friday 8:00 AM – 5:00 PM

The Aroostook County Action Program's (ACAP) Oral Health Program provides education to people of all ages throughout Aroostook County in cooperation with other social service and health care providers. They coordinate a consolidated school oral health program and is a resource for oral health programs in all elementary schools in Aroostook County. They administer a dental sealant program for second and third grade students in every Aroostook County elementary school. They also maintain an extensive lending library. They are accepting pregnant, Head Start, and WIC moms and children with Mainecare.

Saving Smiles of Maine

PO Box 119

Windsor, ME 04363

Tel: 445-2852

Website: www.savingsmilesofmaine.org

Saving Smiles of Maine was established to provide preventative dental hygiene services for people who do not receive regular dental care. They provide services at schools, head start centers, and other facilities, reach out to them to see which facilities they service. They are accepting new patients and accept most commercial dental insurances including Mainecare. Service is provided by Independent Practice Dental Hygienists that utilize evidence-based decay prevention methods of improving public access to oral health prevention-based services that include professional assessments and referrals.

Brilliant Smiles Dental Hygiene

79 Roller Rink Rd.

Oxford, ME 04270

Tel: 539-8188 Fax: 539-8189

Contact Person: Tamsyn Frothingham, IPDH

Email: brilliantsmilesdentalhygiene@gmail.com

Website: www.brilliantsmilesdentalhygiene.com

Hours: Monday through Thursday 8 AM to 6 PM

Brilliant Smiles Dental Hygiene offers initial oral assessments, adult and children's cleanings, fluoride treatments, sealant applications, oral health education and dental referrals. They accept Mainecare through age 20 and work with almost all insurance companies to make your visit more affordable. Currently, they are only accepting new patients up to age 20.

Tooth Fairies Inc.

39 Breton Ln.

Oxford, ME 04270

Tel: 754-1176

Contact Person: Cindy Leavitt, IPDH

Email: healthysmiles4me@gmail.com

Website: healthysmiles4me.org/about.html

Tooth Fairies Inc. is a group of dental hygienists that are equipped with portable equipment which allow them to provide quality care in almost any location. They provide services at a reduced rate for families who do not qualify for MaineCare and who do not have private dental insurance. They provide services in the public schools in the Auburn, Lewiston, RSU 16, and MSAD 17 regions. Reach out to them today to see how your child can get services.

Sunrise Opportunities

Washington County Children's Dental Program

232 Court St. /PO Box 311

Machias, ME 04654

Tel: 255-3254 Fax: 255-4707

Contact Person: Teresa Alley, RDH

Email: talley@sun-rise.tv

Website: sun-rise.tv/dental-program

Washington County Children's Dental Program focuses on the prevention of oral health diseases of children in Washington County. They offer oral screenings, dental sealants, fluoride varnish, and silver diamine fluoride for children at 25 elementary schools and preschool programs. Annually 1,000 children climb on board the "Tooth Ferry" their mobile dental truck. Since 2003, over 20,000 kids have received preventive services through this program. Their services are offered at no out of pocket costs to the kids and they are offered throughout the school year.

Other Resources

Maine State Board of Dental Examiners

Mailing: 143 State House Station

Augusta, ME 04333-0143

Tel: 287-3333 TTY: 711 Fax: 287-81470

Email: dental.board@maine.gov

Physical: 161 Capitol Street

Augusta, ME 04330

Website: maine.gov/dental

The Maine Board of Dental Examiners can provide information on the Maine State Dental Practice Act and licensure of dentists, dental hygienists (IPDH and RDH), dental radiographers, denturists, and expanded function dental assistants. This Board also handles complaints regarding these professionals.

Maine Dental Association

P.O. Box 215

Manchester, ME 04351

Tel: 622-7900 Fax: 622-6210

Contact Person: Cindy Sullivan, Executive Director

Website: medental.org

The Association does not provide clinical services, financial assistance, or direct referrals. Only information on the Association's programs and activities are provided.

Donated Dental Services Program

This program offers free comprehensive dental care to needy disabled, aged and medically compromised individuals by dentists who volunteer their services. The program serves disabled and elderly people who cannot afford needed treatment and have no other way of getting help. Each person's condition must be severe enough to prohibit or significantly limit gainful employment, and they must need extensive treatment rather than only a cleaning or check-up. In addition, they can neither afford dental care nor get it through other programs. Each patient receives services through this program only once. When all needed work is completed, the case is closed. Patients are restored to oral health, but they are responsible for maintaining it.

The Donated Dental Services Program is sponsored by the Maine Dental Association, partially funded by the Maine State Legislature, and administered through a contract with the Dental Lifeline Network. For additional information, and to receive an application, contact the DDS Program referral coordinator at 1-800-205-5615 or go online at <https://dentallifeline.org/apply-for-help/>.

Rural and Community Health Centers

Community health centers also known as Federally Qualified Health Centers (FQHC) may be able to assist individuals in obtaining dental care through agreements with local providers or other arrangements. Each health center has its own policies and procedures.

All FQHCs provide a sliding fee scale for low income, uninsured patients. For information about a specific community health center, call the center directly, or contact the Maine Primary Care Association at Maine Primary Care Association, 73 Winthrop Street, Augusta, ME 04330

Tel: 621-0677 / Website: www.mepca.org

Several community health centers provide clinical dental services on site. Those who provided information are listed in this directory by region with the other services in their area.

Preventive Dental Hygiene Programs offer a range of preventive services provided by registered dental hygienists practicing under Public Health Supervision status. They provide services via contracts and other arrangements with schools, Head Start, WIC agencies, other community agencies such as Boys & Girls Clubs. They include but may not be limited to these organizations:

- TFI (Tooth Fairies, Inc.). - Lewiston, Auburn, and the Oxford Hills Region 207-754-8487
- Tooth Fairies, Inc.- primarily Southwestern Maine 207-998-3500
- Tooth Protectors, Inc. - based in Lewiston, will travel throughout Maine 207-513-1111 or email info@toothprotectors.org
- Maine Dental Health Out-Reach, Inc. - based in Winthrop, works with surrounding school systems 207-377-7003

Other Suggestions

Other sources of help in finding dental services include public health or community health nurses, local hospitals, other health providers, or health and social services agencies in the area. Staff at these agencies often have the best knowledge about what is currently available; for example, they often know who might be accepting new MaineCare patients. For those people who cannot afford to pay "out of pocket", finding a way to pay for dental services is difficult. Options for financial assistance currently are extremely limited. Here are some suggestions:

- Town health officers and/or town health councils, where they are active, can be asked for assistance in special circumstances.
- Local service clubs (such as the Kiwanis or Lions, etc.) can be approached about funding in individual cases.
- Town managers or town welfare directors should be asked about covering dental services under the General Assistance program.
- If individuals are currently receiving other kinds of services (vocational rehabilitation, welfare, employment training, etc.), the outreach worker or social worker should be consulted to find out if dental care can be provided or funded as part of those services.

Acknowledgments

The agencies and programs listed in this directory are gratefully acknowledged for their assistance. Material compiled and prepared by Oral Health Program staff.

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